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# DUBUQUE

wln

DESIGNED TO PROMOTE AND SUPPORT WOMEN IN BUSINESS AND THEIR PROFESSIONAL PRACTICES.

## A LETTER FROM THE WLN PRESIDENT HAPPY HOLIDAYS!

This month I decided not to write the typical newsletter. Instead I decided to share what I've been thinking about as it relates to our theme this month: "Lead Yourself First...with Cheer". Looking over the course of this year I have a lot to be cheerful about. Hopefully you don't mind reading about some intimate details about me and all that I'm thankful for this year.

Seven years of marriage to someone I love and admire is a good start. Without his love and support, life would be a lot harder. I could do it – but glad I don't have to. Having him around makes life a lot more fun.

Three wonderful and healthy children who test my patience but I wouldn't trade them for anything. Celebrating birthdays and the milestones they've achieved this year are memories that will last a lifetime.

Spending time with my last surviving Grandparent. My grandmother turned 93 this year. As her health continues to deteriorate, I am thankful for such a positive role model in my life and to be blessed to share so many great memories with her.

While not every day is butterflies and rainbows- I am thankful for the difficult and challenging situations I've been faced with. It helps me to improve and strengthen my abilities for the next challenge.

Being part of Women's Leadership Network. Getting the opportunity to build relationships and make friends that are encouraging, inspiring, understanding and best of all...fun! Friendship is weird. You pick a human you've met and you're like "Yup, I like this one", and then you do stuff with them.



Enjoy every moment of this holiday season. Wipe your hands clean of the anxiety and stress the holidays can bring. Remember what the season is truly about. Have drinks with friends and rehash fun memories. Sit down with your child, or a niece and nephew and watch the Burger Meister-Meister Burger or Home Alone. Play in the snow. Hold hands with a loved one. Embrace everything that gives you cheer.

I am looking forward to seeing you at the Networking event on December 15th at the Hotel Julien. This will be an enjoyable and relaxing way to make new friends and connections. I look forward to getting to know more members and at a deeper level. From my family to yours...Have a safe and wonderful holiday season!

All my best,  
Kim Budde

President, Dubuque Women's Leadership Network

## Welcome New Members:

Rena Stierman – Cartegraph

Sharon Byrne – Edward Jones Investments

## MEET A MEMBER:

Anne Funke, M.A.  
Career Services Program Assistant  
University of Dubuque  
563.589.3167 | afunke@dbq.edu



### 1. Tell us about your family and social life.

I am outnumbered in my family by two boys: my husband, Nolan, and son, Peter, who just turned 1 year old earlier this fall. Needless to say, as a mother of a toddler, my social life primarily consists of chasing after him. When I do have a few spare minutes here and there, I teach yoga classes at a couple studios in the community, run, play the piano, and travel.

### 2. Where do you work and what do you do there?

I've worked at the University of Dubuque for a little over a year in the Advising/Career Center. My role is fairly

eclectic, and consists of teaching a number of college courses, and advising students both in class presentations and individually on building resumes/cover letters, graduate school, internship/job searches, and networking. I feel so fortunate to have a career where I get to work with young adults who are excited about starting their own!

### 3. How do you continue to develop yourself as a leader?

I recently completed my Master's degree in Student Affairs, and did so while working full-time and learning the ropes around being a first time mom. I think that my ability to have achieved all three of those things to my fullest capacity has given me a "bring it on, world!" outlook on both work and personal life. I continue to explore opportunities to develop my current career in higher education through attending conferences, participating actively in Iowa Private College Recruiting Network (ICoRN), and staying actively engaged in community organizations and activities like my yoga, church, and volunteering.

### 4. What is your favorite holiday tradition?

Growing up, my mom and I would spend the day after Thanksgiving taking down

all the fall decorations and putting up our Christmas village. Each year the village grew by an Elves' Cottage, Santa's Letter Sorting Station, or Toy Factory, and we would spend the entire day creating snow-filled scenery, hills, forests, and city centers around our entire home. Such a treat to still be able to share this with my mother!

## REGISTER NOW DECEMBER BREAKFAST

Date: Tuesday, December 15, 2015 - Members Only Breakfast

Time: 7:30 a.m. – 9:00 a.m.

Where: Hotel Julien

Topic: Lead Yourself First...With Cheer. Holiday Breakfast

Menu: Breakfast buffet

Cost: \$15

**RSVP:** Noon, Friday, December 11

There is a \$3 additional fee for registering after this time so be sure to register early! Use the online registration form at [DubuqueWLN.org](http://DubuqueWLN.org)

## SAVE THE DATE UPCOMING LUNCHEON

Date: January 26, 2015

Time: 11:30 a.m. – 1:00 p.m.

Location: Diamond Jo

Topic Title: Lead Yourself First...With Determination

Cost: \$15 Members, \$20 Guests

**RSVP:** Noon, Friday, January 22

(There is a \$3 additional fee for registering after this time so be sure to register early!) Use the online registration form at [DubuqueWLN.org](http://DubuqueWLN.org)

## NOVEMBER LUNCHEON RECAP

Liza Johnson and Tabitha Bartelme gave a wonderful presentation regarding emotional intelligence. Now more than ever, employers are looking for emotional intelligence in their employees. Emotional Intelligence is made up of self-awareness, empathy, regulating emotions and relationship management. A large part of our emotional intelligence is being able to remain self-aware and regulate our emotions in a heated situation.

For those of you who missed this luncheon, we also learned that there is a new and improved "Golden Rule" (Treat others like you want to be treated.) The Platinum Rule – "Treat others how they wanted to be treated!"

I hope you all walked away remembering you are LOVEABLE, you are IMPORTANT, and you are VALUABLE.





## **Invite Someone You Know to Join WLN Today!**

“The richest people in the world look for and build  
**NETWORKS.**

Everyone else looks for work.”

~Robert Kiyosaki

Share your passion for WLN with a friend or colleague by encouraging them to be part of the Women's Leadership Network today. Provide them with the opportunity to take advantage of all the great benefits you receive as a WLN Member, while at the same time building your own personal network to share best practices.

### **It is easy to do!**

1. Beginning **November 1**, both new and existing members can join or renew their WLN membership through December 31, 2016 for just \$75.
2. Corporate memberships consist of 5 participants at the rate of \$350 (\$70 per member), so if you have a group of 3 or 4, it's a great reason to recruit an additional member or two!  
**Thank you to our current Corporate Memberships, American Trust & Saving Bank and Dupaco Community Credit Union.**
3. When referring a friend or colleague to WLN, have the person(s) you are referring select the '**Referred by a Current WLN Member**' button on the WLN registration page and make sure they reference your first and last name.
4. You will receive one entry in our drawing that will take place at the March Luncheon for each person you refer who becomes a WLN Member from November 1, 2015 - March 15, 2016. **Five lucky winners will receive great prizes and you do not need to be present to win!**
5. We will also recognize the individual with the most referrals from November 1, 2015 to March 15, 2016 at our annual Women of Achievement Awards Dinner.

It is that simple to make a difference in a friend or colleague's career by showing them how to start their own WLN journey today.

For answers to any questions you may have about referring a member or our Corporate and All-Inclusive membership packages, please contact Membership Director, Jennifer Mond at [jmond@pltnm.com](mailto:jmond@pltnm.com).

**Thank you for your continued support!**

[www.DubuqueWLN.org](http://www.DubuqueWLN.org)

## - MEMBERSHIP RENEWAL -

Renewal time for WLN is January 1, 2016.

Check online for NEW membership options from all inclusive to Corporate Packages

Please contact Jennifer Mond, Membership Director, with any questions: [Jennifer.Mond@cesco.com](mailto:Jennifer.Mond@cesco.com)

## LUNCHEON BOOTH SPOTLIGHTS

Showcase your business or volunteer opportunities at a monthly luncheon. Open dates are available!  
There will be a max of 2 booths per luncheon and are on a first call first served basis.

Please send your booth request to Katie Kenne at: [kkenne@DubuqueFightingSaints.com](mailto:kkenne@DubuqueFightingSaints.com)



## CONNECT WITH US:

### Contact a Board Member or Follow Us Online

#### President

Kim Budde, Kunkel & Associates  
[kim.budde@kunkel-inc.com](mailto:kim.budde@kunkel-inc.com)

#### President-Elect

Lisa Schaefer,  
Business & Organizational Development  
[shinewithschaefer@gmail.com](mailto:shinewithschaefer@gmail.com)

#### Past-President

Lisa Bowers, Dupaco  
[lbowers@dupaco.com](mailto:lbowers@dupaco.com)

#### Secretary

Kelly Cooper,  
Dubuque Area Labor Management Council  
[kellycooper@dalmc.net](mailto:kellycooper@dalmc.net)

#### Treasurer

Stephanie Giese,  
Giese Co.  
[stephanie@gieseco.com](mailto:stephanie@gieseco.com)

#### Communications

Kathy Klauer, Holy Family Catholic Schools  
[kklauer@holyfamilydbq.org](mailto:kklauer@holyfamilydbq.org)

#### Membership

Jennifer Mond, Platinum Insurance  
[JenniferMond@gmail.com](mailto:JenniferMond@gmail.com)

#### Programming

Katie Kenne, Dubuque Fighting Saints  
[kkenne@dubuquefightingsaints.com](mailto:kkenne@dubuquefightingsaints.com)

#### Special Events

Chelsea Ellingson, March of Dimes  
[cellingson@marchofdimes.com](mailto:cellingson@marchofdimes.com)

#### Member-at-Large

Stacey Hines, American Trust  
[shines@americantrust.com](mailto:shines@americantrust.com)

#### Connections

Justine Bemis, American Trust  
[jbemis@americantrust.com](mailto:jbemis@americantrust.com)

